

## Dr. Ram Chaddha

<b>Specialty</b>	<b>Orthopaedics</b>
<b>Date of Birth</b>	November 23, 1963
<b>Qualification</b>	M.S. (Orthopaedics) – 1989; M.B.B.S.- 1984
<b>Years of Profession Experience</b>	<p>Qualified as Orthopaedic Surgeon in 1989 and have been a teacher of Orthopaedics since then – Lecturer then Associate Prof. at the L.T. M. General Hospital &amp; Medical College &amp; now</p> <ul style="list-style-type: none"> <li>• <b>CONSULTANT SPINE SURGEON- APOLLO HOSPITALS, NAVI MUMBAI</b></li> <li>• <b>Ex - Prof.</b> - Department of Orthopaedics at the K. J. Somaiya Hospital &amp; Medical College, Mumbai (1996-2016)</li> <li>• <b>Ex- Senior Visiting Consultant</b> - Lilavati, Saifee, Wockhardt, Hospitals, Mumbai (1996-2016)</li> </ul>
<b>From</b>	1989
<b>To</b>	2016
<b>Contribution to Institutional Building</b>	<ul style="list-style-type: none"> <li>- Student of the L.T.M. Medical College &amp; General Hospital, Sion, Mumbai – Distinction in Forensic Medicine &amp; Jurisprudence. Was the Literary Secretary</li> <li>- Resident Orthopaedic House Surgeon &amp; Registrar at L.T.M. General Hospital, Sion, Mumbai – Passed M.S. (Orth) at first attempt from Bombay University. Was also the Secretary of MARD (Maharashtra Association Of Resident Doctors) and represented many a cause to the administration and politicians for the welfare of resident doctors of the state of Maharashtra.</li> <li>- After completing M.S. (Orth) was selected immediately as full time Lecturer Orthopaedics at the L.T.M. General Hospital, Department of Orthopaedics. – Worked in management of polytrauma, disaster planning and fracture follow-up clinics.</li> <li>- Full time Associate Prof of Orthopaedics at L.T.M. General Hospital, Sion, Mumbai - involved in major projects of disaster planning, complex pelvi-acetabular trauma and open injuries (1989 – 1994). Had extensive exposure and experience in management of Spine affections, including the Back Clinic etc.,</li> <li>- Chief of the Division of Spine Surgery – MIOT Hospitals, Chennai – initiated protocols in management of spinal instabilities. Was possibly the youngest Spine Surgeon heading a division of Spine Surgery at a tertiary care centre (1995-96). Had extensive exposure and experience in using complex spine instrumentation procedures including deformities and revision spine surgeries</li> <li>- Prof. &amp; Head of the Department of Orthopaedics – K.J. Somaiya General Hospital &amp; Medical College (1997 – 2016) – Initiated major training programs for undergraduates &amp; post-graduates with exceptional results in D'Orth &amp; DNB Orthopaedics</li> </ul>

<p><b>Quality &amp; Years of Teaching Experience</b></p>	<p>Recognized undergraduate &amp; post-graduate teacher and examiner for M.B.B.S, D'Orth., M.S. (Orth), D.N.B. (Orth) and F.C.P.S.(Orth). Applied for post-doctoral fellowship program in Spine Surgery with National Board of Examinations – New Delhi; India</p> <p>Teaching experience begins from Registrar in Orthopaedics at the L.T.M. General Hospital in 1987 to date as Prof. &amp; Head of the Department of Orthopaedics at the K.J. Somaiya Hospital, Sion, Mumbai. Have been a lecturer and Associate Prof. prior to this appointment.</p>
<p><b>Contributions to Medical &amp; Public Health (Posts Held)</b></p>	<ul style="list-style-type: none"> <li>• <b>President – Association of Spine Surgeons of India (2015-17)</b></li> <li>• <b>President – Bombay Spine Society (2016-18)</b></li> <li>• <b>Past-President – Bombay Orthopaedic Society (2015-16)</b></li>   <li>• <b>Council Member – India – APSS- Asia-Pacific Spine Society</b></li> <li>• <b>Life Member – APOA- Asia Pacific Orthopaedic Association</b></li> <li>• <b>Member – Foreign Fellowship Committee – Indian Orthopaedic Association</b></li> <li>• <b>Member of the North American Spine Society – (NASS – International Affiliate)</b></li>   <li>• Executive Committee – Bombay Orthopaedic Society (1997-2000)</li> <li>• <b>Organizing Secretary – Western India Regional Orthopaedic Conference – 1998</b></li> <li>• Secretary cum Treasurer – Bombay Orthopaedic Society (2003-2006)</li> <li>• Vice-President – Bombay Orthopaedic Society (2009-10)</li> <li>• <b>Organizing President – WIROC – Grande 2015</b></li>   <li>• Executive Committee – Association of Spine Surgeons of India (1999-till date)</li> <li>• Secretary cum Treasurer – Association of Spine Surgeons of India (2007–13)</li>   <li>• <b>Organizing Secretary – ASSICON 2000 – Annual Conference of the Association of Spine Surgeons of India (ASSI) – Mumbai</b></li> <li>• <b>Organizing Secretary – ICS 2005 – Mumbai</b></li> <li>• <b>Organizing Chairman – ICS 2007 – Goa</b></li> <li>• <b>Organizing Chairman – ASSICON 2011 – Mumbai – Silver Jubilee Conference of the Association of Spine Surgeons of India</b></li> </ul>
<p><b>Contribution to Research including publications</b></p>	<p>Numerous Regional, National &amp; International Papers – Oral, Podium &amp; Poster presentations.</p> <p>Editor of Symposia &amp; advisory board &amp; referee of various Orthopaedic &amp; Spine Journals</p>

### **Journal Publications:**

Keny SM, **Chaddha RM**, "Biomechanical Analysis of a new Indian posterior derotation system- The Zeta Onelock spinal screw rod system" ***Journal of Orthopaedics 2007***

**Ram Chaddha**, Amit Kohli, "Chordoma of cervical Spine – Surgical management strategies & outcome" – **Columna Journal** – Volume 7, Jan-March 2008, 71-75

**Ram Chaddha**, Amit Kohli, "Study of a B-twin expandable titanium stand alone interbody fusion for DDD versus MLD and PLIF" – **Maharashtra Orthopaedic Association Journal** – July Sept 2009, Volume 11/12, 393-400

**Ram Chaddha**, "Use of titanium implants for reconstruction of anterior column of spine: A review of 167 cases" – **Journal of Spine Surgery – NSFI**, Volume 01/01, 29-32

### **Book Chapters Published**

- 1) "Tuberculosis of the Lower Cervical Spine", **Ram Chaddha**, Swapnil Keny

**ASSI Text Book of Spinal Infections and Trauma- Jaypee Publications 2011**

- 2) "Biomechanics and Classification of Thoracolumbar Spinal Injuries" ,Uday M Pawar,Swapnil Keny,**Ram Chaddha**

**ASSI Text Book of Spinal Infections and Trauma- Jaypee Publications 2011**

- 3) "Tuberculosis of the Thoracic Spine"- **Ram Chaddha**, Swapnil Keny, Hrushikesh Mehata

**WFNS Textbook on THORACIC SPINE – Jaypee Publications 2015**

### **National & International Podium Presentations**

- 1) ***Surgical correction of high grade spondylolisthesis-Presented in the Dr Masalawala Best Paper Session WIROC 2004,Mumbai - Swapnil Keny, Ram Chaddha***

- 2) ***Biomechanical analysis of a new generation Indian spine screw rod system- SICOT 2005***

**Istanbul, ASSICON 2006 – Swapnil Keny, Ram Chaddha**

- 3) **High Grade Spondylolisthesis in children – Surgical Results – Posicon 2008 – Swapnil Keny, Ram Chaddha**

- 4) **Stabilization of the Cervical Spine in Children and Adolescents with cervical spine tuberculosis without or with functional**

	<p><b>Neurodeficit. Stabilization &amp; Surgical Selection Criteria – NASS 2010</b> - Orlando, Posicon 2010, ASSICON 2011</p> <p><b>5) Failed back surgery syndrome: Results of comprehensive decompression and fusion of the lumbar spine in 42 patients – ISC 2010</b></p> <p><b>White Paper on “Degenerative Disc Disease” – IOACON 2008</b></p> <p>Biomechanical Testing of a one-lock Indian pedicular system</p> <p>Highest experience with the “B-Twin” expandable interbody device for Minimally Invasive Spine Surgery in India and perhaps Asia</p> <p>Largest series of instrumented corrections of lumbo-sacral listhesis</p>
<p><b>Quality of Contribution to Patient Care</b></p>	<p>Regarded as a Key Opinion Leader in Spine Instrumentation in India.</p> <p>Respected as a truthful teacher and peer reviewer</p> <p>Pioneered MICOSS – Minimally Invasive Cosmetic Spine Surgery in India. Used the Endoscopic Spine Surgery for the first time in India in 1996 to do thoracoscopic release in Scoliosis, Debrima and biopsy of lesion in the DL spine anteriorly and ETS (endoscopic thoracic sympathectomy) for hyperhidrosis. Was the first surgeon of India to do all the above procedures</p>
<p><b>Awards &amp; Fellowships</b></p>	<ul style="list-style-type: none"> <li>: <b>J. B. Modi Gold Medal</b> - Neurotrauma</li> <li>: <b>Young Surgeons' Forum Award</b> - Bombay Orth Society</li> <li>: <b>A. K. Talwalkar Award</b> - WIROC</li> <li>: <b>Best Paper K. S. Masalawala Award</b> - WIROC 1997</li> <li>: <b>Best Paper Award</b> - ICS – 2000 – Coimbatore</li> <li>: J. N. Tata Scholarship</li> <li>: Jamsetji Tata Scholarship</li> <li>: Ratan Tata Scholarship</li> <li>: R. D. Sethna Scholarship</li> <li>: Pirojshah Godrej Scholarship</li> <li>: Nanabhoy Jeejybhoj Scholarship</li> <li>: Vashketu Scholarship</li> <li>: G. D. Gokhale Scholarship</li> <li>: <b>AO - International Fellowship - Switzerland</b></li> <li>: <b>AO Special Grant - Germany</b></li> <li>: <b>AADO fellowship - France, Hong Kong</b></li> <li>: <b>AFICOT fellowship - France</b></li> <li>: <b>Spine Instrumentation Fellowship– Muenster / Neustadt- Germany</b></li> <li>: <b>Barrows Neurological Institute Fellowship – Phoenix Arizona</b></li> <li>: <b>Nucleoplasty – Freiberg, Germany – Prof. Achim Lueth</b></li> <li>: <b>Scoliosis – St. Louis – USA – Prof. Lawrence Lenke</b></li> <li>: <b>Minimally Invasive Spine Surgery – Seoul - Korea</b></li> </ul>

<b>Orations Delivered</b>	<b>Truth, Trust &amp; Transparency in Treatment – TRINITY ORATION –</b> LTMMC- February 11, 2016
<b>Overall Assessment</b>	Have always strived to offer optimal service for management of spine ailments.  “A Spine Surgeon can at the most be Godly never God”
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