

CURRICULUM VITAE

NAME: SACHIN SHIVDAS.
SEX: Male.
DATE OF BIRTH: 11 August 1978.
NATIONALITY: Indian.
MARITAL STATUS: Married
TELEPHONE: 017-3702444.
EMAIL: sacds78@gmail.com
ADDRESS: 23, Lorong Setiapuspa 4,
Medan Damansara,
50490, Kuala Lumpur.
LANGUAGES SPOKEN: English, Bahasa Melayu, Hindi and Malayalam.



SCHOOLING:

I did my schooling in Kerala, India, until the 9th grade, after which, I followed my parents to Dubai, where I did my 10th, 11th and 12th grades. I passed the 10th grade exams with 90.5%, and the 12th grade exams with 89.5%.

MEDICAL EDUCATION:

BACHELOR OF MEDICINE AND BACHELOR OF SURGERY (MBBS) from MELAKA-MANIPAL MEDICAL COLLEGE, MALAYSIA, on 10th September 2005.

I did my 1st year of medical studies at the UNIVERSITY MEDICAL SCHOOL OF DEBRECEN, HUNGARY. During my studies there, I was awarded 5 'Distinctions' in the following subjects:

1. Medical Chemistry
2. Anatomy
3. Communication Skills.
4. Biophysics
5. Molecular Biology

Following the 1st year, I transferred to the Manipal campus of the Melaka-Manipal Medical College, to continue my studies. During my studies in Manipal, I was awarded 3 'Distinctions' in the following subjects for the academic year 2000-2001:

1. Pathology
2. Microbiology
3. Pharmacology

Since graduation in March 2005, I passed in the IELTS exam in 2005, with an overall score of 8.0. I passed both Part 1 and Part 2 of the PLAB examination in the first attempt. I passed the Part 1 MRCS in 2006.

POSTGRADUATE QUALIFICATION:

Masters in Orthopedic Surgery (University of Malaya, 2015).

CLINICAL EXPERIENCE DURING TRAINING:

I received 5 semesters of undergraduate training at Melaka General Hospital, Malaysia. As an undergraduate student, I was involved in clerking patients, case discussion and follow-up of the patients with our lecturers, setting IV lines and taking blood samples. I attended the ward rounds with the hospital staff, observed some procedures such as lumbar puncture and pleural tap, observed procedures in OT. We have had night postings in Obstetrics, when I observed deliveries being conducted. I also attended the day-care clinics once a week during the rotations in the respective department. I have had voluntary involvement in teaching during Anatomy classes in the 1st year of the undergraduate programme. I have also participated in teaching and discussions at Problem Based Learning (PBL) sessions and Common Programmes, during undergraduate studies at Melaka-Manipal Medical College.

CLINICAL EXPERIENCE:

Joined Ministry of Health, Malaysia, on 2nd October 2006. Worked as a Houseman at Hospital Batu Pahat, from 2nd October 2006 until 2nd March 2008.

Worked as Medical Officer in departments of Orthopaedics and General Medicine at Hospital Segamat, Johor, from 2nd March 2008 until 31st January 2011.

I was selected for training in Orthopaedic Surgery at University of Malaya Medical Centre, in June 2011. I successfully completed the Masters Course in 2015.

Since February 2016, I have been working as a clinical specialist in the Unit of Hand & Reconstructive Microsurgery, University Malaya Medical Centre.

Able to perform following procedures without supervision:

Orthopaedic- Wound debridement & desloughing.

- Toilet & suturing of wounds.
- Disarticulation of joints of extremities.
- Surgical debridement and amputations.
- Split skin graft.
- External fixation of open fractures.
- ORIF procedures.
- Hemi-arthroplasty of hip.
- Basic procedures in orthopaedic oncology.
- Basic procedures in paediatric orthopaedic surgery.

- Procedures in hand & microsurgery. Management of:
 - Fractures and soft tissue injuries.
 - Soft tissue infections.
 - Tumours.
 - Neurotizations and muscle transfers (supervised).
 - Tendon repairs and tendon transfers.
 - Revascularisation.
 - Replantation.
 - Correction of deformities.

Medical- Peritoneal Dialysis.

- Insertion of catheters (Femoral, IJC)
- Insertion of Central lines (Short/ Long CV lines)
- Lumbar Puncture.
- Bone Marrow Aspiration.
- Insertion of Chest Tube.
- Pleural/ Peritoneal Tapping.

COURSES ATTENDED:

- SEMINAR in OTORHINOLARYNGOLOGY at Department of Otorhinolaryngology, Melaka General Hospital, Malaysia on 23rd August 2002.
- LAN Course in Malaysian Studies, on 10th June 2004.
- CPR Course at HSA JB, on 15th November 2007.
- Orthopedic Emergencies, at HPSF Muar, on 20th May 2008.
- Rights & Responsibilities of Government Doctors, at IMR KL, on 20th December 2008.
- Rheumatology Course, at HSAJB, on 7th-8th May 2009.
- Thyroid Management Updates, at HSI JB, on 6th March 2010.
- Dengue Management Updates, At HSA JB, on 6th April 2010.
- Orthopedic Trauma Course (OTC) at PPUM in 2011.
- Hand & Microsurgery Course at PPUM in 2012.
- High Tibial Osteotomy and Lower Limb Deformity Correction in 2013.
- Arthroplasty Symposium, 2014.
- 10th Congress of APFSHT, 2014. (awarded the Best Poster Award)
- UMMC Spine Instructional Course (April 2015).

- National Orthopaedic Oncology Review (September 2015).
- Singapore Wrist Arthroscopy Course (February 2016).
- NOCERAL Orthopaedic Trauma Course (Presenter, July 2016).
- 12th Annual Meeting of Malaysian Society for Surgery of Hand (Co-Ordinator, October 2016).
- MSSH Wrist Arthroscopy Workshop (Co-Ordinator, October 2016).
- MSSH-KLSMC Acumed Bio Skill Workshop (November 2016).

TEACHING EXPERIENCE:

During undergraduate years- Voluntary involvement in teaching during Anatomy classes in the 1st year. I have also participated in teaching and discussions at Problem Based Learning (PBL) sessions and Common Programs, during under-graduate studies at Melaka-Manipal Medical College.

During my work with Ministry of Health Malaysia, I have presented CME on the following topics:

- Management of Burns (Hospital CME), June 2007.
- Suture Materials & Needles (Hospital CME), December 2007.
- Open Fractures (Hospital CME), June 2008.
- Malaria (Hospital CME), May 2009 & April 2010.
- Cardiology Mortality Review, July 2009.
- H₁N₁ Mortality Review, August 2009.
- Diabetes Mellitus Updates (Hospital CME), August 2009.
- Tuberculosis Mortality Review, August 2009.
- Dengue Shock Syndrome, February 2010.
- Updates in Malaria (CME for Monash University Students), May 2010.
- Rheumatoid Arthritis, October 2010.

During the Masters Programme in Orthopaedic Surgery at University of Malaya, I was active at teaching sessions for peers as well as medical students. In my capacity as the clinical specialist in hand surgery, I am involved in teaching of medical students, house officers and masters students. I also participate in cadaveric teaching sessions and in academic courses in hand surgery. I was involved with the Conjoint Board of Orthopaedic Surgery (CBO) 2016, as a member of the organizing committee. I was the Chief Invigilator for MBBS 2016 SBE Session. I am currently a member of the committee for Bright Spark Program for Clinical Masters.

INTERESTS:

I was involved in blood donation campaigns on three occasions in our college campus. As I am interested in photography, I was the photographer for many functions in our college. I had participated in the Melaka Marathon in 2001-2002 along with a few other volunteers from our college. I still pursue my interest in photography when time permits. I am currently a regular volunteer in "Limbs For Life" dealing with rehabilitation of post-limb amputation patients and provision of prosthesis.