

CURRICULUM VITAE

PERSONAL INFORMATION



Name : **Shareena Bibi binti Mohd Arif**
NRIC : **730130-08-5386**
Date of Birth : **30 January 1973**
Age : **45years old**
Email : **sharin.arif07@gmail.com**
: **shareena.arif@moh.gov.my**
Tel : **012- 3111482**
Status : **Married with 1 child**
Grade : **Matron Grade U44.**

WORKING EXPERIENCE

- ***Jururawat (Nurse Supervisor - Matron) U44, 2014 to present.***
- Awarded with Scholarship by the Ministry of Health (*Hadiah Latihan Persekutuan*) in support of Master of Nursing Sciences (Orthopaedic) study at the University of Adelaide, Australia, 2014- 2016
- Member of the South Australia Orthopaedic Nursing Association.
- Member of the Australian New Zealand South Orthopaedic Nursing Association.
- Participate in the University of Adelaide “Experience Adelaide” programme. Involve in the helping of the promotional of this programme. (Referral Ms Annette Wheatley).

- Volunteer with the Islamic Information Centre of South Australia.
And attending continuous study on TAFSEER (Islamic Quranic Study)
- Awarded with HESTA Conference Scholarship (University of Adelaide, Australia) in support of presentation at the ANZONA Conference 11- 13th November 2015.
- Presentation at Australian New Zealand Orthopaedic Nursing Association (ANZONA) 2015 at Sydney, Australia. Title: Orthopaedic Nursing in Malaysia: Where Are We Now and Where Are We Heading.
- Poster Presentation of Research at the Malaysian Orthopaedic Association (MOA) Convention in Johor 2016. **“Nurses Experience in Caring For Patients’ with Traumatic Spinal Cord Injury”**.
- Actively involve as the Coordinator and President for the Spinal Nursing Team, Hospital Raja Perempuan Zainab 11, Kota Bharu, Kelantan. **(Newly established nursing service)**
- Committee Member for the “Pain as the 5th Vital Sign” – directly involve in preparation for the hospital certification as the “Pain Free Hospital”, Hospital Raja Perempuan Zainab 11, Kota Bharu, Kelantan.
- Advisor and Committee member for the Nursing Research Committee, Hospital Raja Perempuan Zainab 11, Kota Bharu, Kelantan.

Research Topic: Nurses Knowledge on Tracheostomy Care in General Wards at Hospital Raja Perempuan Zainab 11, Kota Bharu, Kelantan (2017).

- Appointed as Chairperson for the Kelantan State Orthopaedic Paramedic Meeting Session 1/2016 held at Hospital Raja Perempuan Zainab 11, Kota Bharu, Kelantan (9 August 2016).
- Actively Participated and Presenter at the Malaysian Orthopedic Technical Meeting, Langkawi, 2016.
- Appointed as the Head of East Coast Paramedic representative at the Malaysian Orthopaedic Technical Meeting, Langkawi, 2016.
- Participated as guest lecturer (periodically) at the Nursing College, Kubang Kerian, Kota Bharu, 2016.
- Actively involve as a presenter for the continuous nursing education session held at Hospital Raja Perempuan Zainab 11, Kota Bharu, Kelantan.
- Actively involved in revising the Nursing Act (1950) and Midwifery Act (1966) held at Nursing Division, Putrajaya, 2017.

- **Jururawat (Nurse Supervisor - Matron) U41, Sungai Buloh Hospital – 2010 to 2013.**
 - Technical Committee Member for the Credentialing & Privileging Committee – involved in the preparation of privileging of nurses in Sungai Buloh Hospital.
 - Appointed as secretary to the “Pain as the 5th Vital Sign” Committee.
 - One of the auditors for the National Nursing Audit Team.
 - Committee Member for the Continuous Nursing Education Program – directly involved in planning, facilitating and presenting lectures.
 - Conducted 12 Continuous Nursing Education Program per year – Nursing Documentation with Integrated Nursing Care Plan; Prevention of Medication Errors; Towards Emergency Nursing; and Care of Patient on Ventilator.
 - Facilitator and Presenter for “*Kursus Budaya Korporat dan Pengukuhan Soft Skill*”. (Course on Corporate Culture and Soft Skill)
 - Coordinated Staff Orientation Programme – 2010 and 2011.
 - Committee Member of the Research Team for Sungai Buloh Hospital.

Research Topic 1: Study on Knowledge and Practice on Prevention of Pressure Sores among Registered Nurses in Intensive Care Unit, Sungai Buloh Hospital.

Research Topic 2: An Experience: Maggot Debridement Therapy on Diabetic Foot Ulcer Patient at Orthopaedic Unit, Sungai Buloh Hospital.

Research Topic 3: Prevalence in Cervical Cancer Screening Among Nurses in Government Hospital and Health Clinic Setting in Selangor (collaboration with Selangor Health Department - JKNS).

Research Topic 4: Fall Prevention: Perception and Knowledge of Nurses (collaboration with Selangor Health Department - JKNS).

Research Topic 5: Enhancing Critical Thinking Ability among Nurses at Sungai Buloh Hospital.

- Poster Presentation of Research at the Malaysian Orthopaedic Association (MOA) Convention in Johor 2010 and National Diabetic Association.
- **Research Topic 6:** An Experience: Maggot Debridement Therapy on Diabetic Foot Ulcer Patient at Orthopaedic Unit, Sungai Buloh Hospital.

- Participated in the Orthopedic Technical Meeting in Kuala Lumpur 2010.
 - In charge of the Structured Patient Educational Program for patient undergoing Scoliosis Surgery, Sungai Buloh Hospital.
 - Actively involved in the preparation of the Clinical Pathway for patient undergoing Scoliosis Surgery, Sungai Buloh Hospital.
- ***Ketua Jururawat (Nurse Manager) U32, Selayang Hospital – 2008 to 2010.***
- ***Jururawat (Nurse) U29, Selayang Hospital – 1999 to 2008.***
 - Committee Member for the Mentorship Program, involved in mentor training at Selayang Hospital.
 - Sister Committee Member (Nurse Manager Committee Member) representing the Surgical Department.
 - Awarded the Excellence Services Award (*Anugerah Khidmat Cemerlang*) for the year 2005.
 - Appointed as the Link Nurse (Infection Control team) in charge of the Orthopaedic Department.
 - Appointed as the facilitator for the Structured Patient Educational Program, focusing on patient undergoing Total Knee Replacement.
 - Actively involved in the preparation of the Clinical Pathway for patient undergoing Total Knee Replacement, Selayang Hospital.
 - Facilitator and Presenter at the Annual Orthopaedic Courses (*Kursus Perawatan Asas Ortopedik*), Selayang Hospital.
 - Evaluating Officer for the Credentialing & Privileging Activity, Orthopaedic Department, Selayang Hospital.
 - Working Committee Member for the Quality Achievement Programme, Orthopaedic Department, Selayang Hospital.
 - Participated in the Orthopedic Technical Meeting, Kuantan 2009.
- ***Jururawat (Nurse) U29, Pulau Pinang Hospital – 1996 to 1999.***

EDUCATION AND TRAINING BACKGROUND

- **Master of Nursing Sciences (Orthopaedic)**
University of Adelaide – 2014 to 2016
- **Degree in Nursing Sciences (Clinical Speciality, Orthopaedic)**
University Malaya – 2006 to 2008.
CGPA: 3.40
- **International English Language Testing System (IELTS)**
Band Score: 7
- **Malaysian University English Test (MUET) – Band Achieved: 5.**
- **Post Basic Midwife – 2002.**
- **Post Basic Orthopaedic – 1999.**
- **Diploma in Nursing – 1992 to 1995.**

OTHER CONTRIBUTIONS

- **Volunteered under Mercy Malaysia for the Humanitarian Aids Mission to Bagh, Pakistan (earthquake) – 22 Nov to 6 Dec 2005.**
- **Volunteered under Mercy Malaysia for the Mobile Clinic Program at the National Anti-Drug Services Agency (*Pusat Khidmat Agensi Anti Dadah Kebangsaan*) – May 2006.**
- **Volunteered under Mercy Malaysia for the Mobile Clinic Program at the Myanmar Refugee Center, Kapar, Klang – September 2007, January 2009 and March 2009.**
- **Volunteered under Mercy Malaysia for the Mobile Clinic Program at the Nur Salam Chow Kit Kid Centre, Kuala Lumpur – January 2011.**
- **Lead the preparation of education slides for Mercy Malaysia – Prevention and Treatment of Head Lice.**
- **Head of the Community Project (University Malaya) – “*Sehari bersama Kanak-kanak Pusat Dalam Komuniti*”, Selayang –April 2008.**
- **Committee Member and Fasilitator for a public forum session “*Katakan Tidak Pada Sakit Belakang*” – 15 October 2009.**
- **Trainer for the National Physical Fitness Program under the Ministry of Youth and Sports Malaysia, National Sports Institute, Bukit Jalil, Kuala Lumpur – 1 to 12 December 1996.**

ADDITIONAL CAPABILITIES

- Report writing in Bahasa Malaysia and English.
- Undertake short studies with statistical analysis.
- Language capabilities:
 - Bahasa Malaysia – very fluent (speaking and writing).
 - English – very fluent (speaking and writing).
 - Urdu/Punjabi – moderate (speaking).
- Computer – highly literate in word processors and presentations software

REFEREES

Dato Dr. Khalid Bin Ibrahim
Director of Sungai Buloh Hospital
Tel: 03 6145-4333 ext 4220

Matron Mek Jusoh
Head Nurse Supervisor (*Ketua Penyelia Jururawat*)
Sungai Buloh Hospital
Tel: 03 6145-4333 ext 4235

Matron Kalijah Mohd Som
Head Nurse Supervisor (*Ketua Penyelia Jururawat*)
Hospital Selayang
Tel: 03 6120-3233

Dr. Khatijah Lim Abdullah
Head of Department for Nursing Science
Faculty of Medicine
University Malaya
Tel: 03 7949-3581

Mr Paul McLiesh
Lecturer
The University of Adelaide, Australia
Tel: +61 882 222 991
Email: paul.mcliesh@adelaide.edu.au

Matron Mek Jusoh
State Head Nurse Supervisor (*Ketua Penyelia Jururawat Negeri*)
Hospital Raja Perempuan Zainab 11, Kota Bharu, Kelantan.
Tel: 019 – 960 8250

