

## **Management Of Osteomyelitis In Diabetic Foot**

**Rukmanikanthan Shanmugam**

University of Malaya, Kuala Lumpur, Malaysia

Diabetes is a major healthcare problem in many countries and is especially a problem here in Malaysia which has a high incidence of the disease and it rising. Diabetes being a systemic problem has a wide ranging effect on the health of the sufferer. One of this problem is complications involving the foot, This could be early stage changes to late stage infections with osteomyelitis. Managing osteomyelitis in these patients can be rather challenging.

One of the issues of concern is when or perform surgical debridement and when to treat with antibiotics alone or in combination. There are some evidence to support the use to antibiotics to suppress osteomyelitis and the advantage to avoiding surgical debridement is the preservation of structure, The foot being an organ of support could deteriorate very fast once the normal structure is lost and the pressure distribution is not balances. This in turn would lead to recurrent ulcerations and failure of existing ulcers to heal.

We will discuss in more detail on the management of osteomyelitis of the foot in diabetics.